

# THE BEAT GOES ON GALA • FAQ

## ABOUT THE GALA

### Who is the gala for?

The Beat goes on gala is a special celebration for Heart Institute staff as we celebrate 50 Years of Heart together.

### When and where is the gala?

Saturday, November 14, 2026, at Lago, Ottawa.

### What time does the evening begin?

Cocktail hour begins at 6 p.m., followed by the dinner reception at 7 p.m.

### What time does the evening end?

The celebration will continue until midnight.

### What can I expect?

Get ready for an unforgettable evening featuring a red-carpet arrival, cocktail hour, dinner, prizes, a special performance by a local celebrity band, a DJ and dancing!

### Is there a dress code?

We encourage you to dress cocktail chic. Come dressed to celebrate!

## TICKETS AND REGISTRATION

### How much does it cost to attend?

Tickets are **\$50 per person**, with a maximum of **two tickets per staff member**.

### Can I bring a guest?

Yes! Staff may purchase one additional ticket for a guest, for a maximum of two tickets per staff member.

### How do I get my ticket?

You can purchase tickets by visiting: [ottawaheart.ca/tbgo](https://ottawaheart.ca/tbgo)

### Are spaces limited?

Yes! Capacity is limited, so be sure to reserve your spot early.

### Is there a waitlist?

Yes! If the event reaches capacity, a waitlist will be available. If space becomes available, those on the waitlist will be contacted in order.

### Is my ticket refundable?

Tickets are **non-refundable**. However, if you are no longer able to attend, please let us know as soon as possible.

## GETTING THERE AND ACCESSIBILITY

### Is parking available?

Paid parking is available at: Dow's Lake Garage (880 Carling Avenue) and Champagne Parking (855 Carling Avenue). The Dow's Lake Garage can be accessed from Carling Avenue at the intersection of Carling Avenue and Champagne, as well as from two entrances off Prince of Wales. Signage within the garage will direct you toward Dow's Lake.

### Is the venue accessible?

Yes. An elevator is available for guests requiring mobility assistance.

## FOOD AND BEVERAGES

### What is included with my ticket?

Your evening includes cocktail hour, dinner reception, and entertainment.

### What are the meal options?

Meals include the following options: Bacon-wrapped Stuffed Chicken Supreme, Braised Beef Short Rib, Grilled Salmon, General Tsao Tofu (Vegan). Please confirm your meal preference and any dietary restrictions or allergies when completing your registration.

### Will there be options for dietary restrictions or allergies?

Please indicate any dietary restrictions or allergies when registering so we can do our best to accommodate your needs.

### Will there be non-alcoholic beverage options?

Yes! Non-alcoholic beverages will be available.

### Will there be a bar?

Yes! A cash bar will be available throughout the evening.

## EVENING DETAILS

### Is coat check available?

Complimentary coat check is available.

### What should I do if I have questions?

For questions about the gala, please contact [communications@ottawaheart.ca](mailto:communications@ottawaheart.ca).