



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA

FOUNDATION  
FONDATION

## Waiver and Release

I, the undersigned, in consideration of my being granted the opportunity to participate in the event(s) to raise funds for the *University of Ottawa Heart Institute Foundation*, including any pre or post event(s) activities (the "Event(s)"), do hereby forever release, waive, discharge, indemnify and hold harmless the University of Ottawa Heart Institute Foundation, its affiliates, and their respective directors, officers, members, employees, volunteers, and agents, and all other institutions and sponsoring companies and their respective directors, officers, members, employees, agents, contractors and representatives, and any of their successors and assigns (the "Released Parties"), from any and all claims, demands, damages, costs, expenses, actions and causes of action, be it in law or equity, in respect of death, injury, loss or damage to person or property however caused (including without limitation by the unforeseeable negligent acts or omissions of the Released Parties), arising out of or in any way connected with my participation in the Event(s).

I acknowledge that my participation in the Event(s) has inherent risks and may also have unforeseeable risks made on account of the carelessness of the Released Parties, and that my participation in the Event(s) is voluntary in all respects. I warrant that I am fit to participate in the Event(s) and I assume all risks of injury and illness that may result from such participation in the Event(s).

I agree that this Waiver and Release is intended to be as broad and inclusive as permitted by the laws of Province of Ontario and that it shall be governed and interpreted in accordance with the laws of Province of Ontario, irrespective of any conflicts of law rule. If any portion of this Waiver and Release is deemed invalid by a court of competent jurisdiction, the invalidity or unenforceability of any portion of this Waiver and Release shall not affect the validity or enforceability of any other provision of this Waiver and Release.

I affirm that I have carefully read and understood this Waiver and Release prior to signing and agree that it will be binding on my heirs, executors, administrators, successors and assigns.