Thank you to the volunteer leadership team for their dedication and guidance throughout the year.

Elizabeth Roscoe
Chair, UOHIF Board
Rubicon Strategy

Paul LaBarge
Chair, UOHI Board
Labarge Weinstein LLP

Dr. Robert Cushman
Chair, OHIRC Board, Renfrew County District Health Unit

Matt Davies,
Governance Committee
Hedgelake Digital Inc.

James Annis
Treasurer, BMO Nesbitt Burns

Thierry Mesana
President & CEO UOHI

Lianne Laing
Executive Director
Heart Institute Foundation

Paul Bodnoff
Executive Member, UOHI Patient Alumni

Grant A. Jameson
Norton Rose Fullbright Canada LLP (Retired)

Ken Jennings
Jennings Real Estate Corporation

Gail Kaneb
Breakthrough Strategies (Retired)

Krista Kealey
Ottawa International Airport

Leslie Mise
Mark Motors Group

Tuan Nguyen
HealthGenie

Muneeba Omar
Department of Innovation, Science and Economic Development

Deneen Perrin
Royal Canadian Mint

Aruna Rajula
Department of Innovation, Science and Economic Development

Catarina Silva
CEDEC

Natalie Tommy
Nautical Lands Group of Companies

Michael Vladescu*
WiLAN Inc.

Erin Zipes
1Password

*The Foundation staff and volunteers are deeply saddened by the sudden passing of Board member Michael Vladescu in May 2022. Michael played an active role in shaping the direction of the Foundation. Our condolences to his wife Caroline and their three children, he will be missed.
Heart Institute Priorities
Funded by Donations in 2021/2022

$8,790,442
Invested in a precision medicine and priority research projects securing matching funds.

$1,601,838
To purchase specialized equipment and completion of building renovations.

$377,409
Committed to support patient advocacy, education and gender diversity in cardiac care.

THANK YOU TO OUR AMAZING COMMUNITY!
TOGETHER YOU RAISED A RECORD BREAKING $1,072,000!

In September 2021, the Heart Institute Foundation’s 30-day physical activity and fundraising event went coast-to-coast-to-coast. With over two million minutes of physical activity shared on social media, 2205 participants raised awareness about the importance of women’s heart health and funding for diversity and gender research at the Heart Institute.

FROM COAST TO COAST TO COAST

In February 2022, the city glowed with support as countless businesses participated in Light the Town Red to show their support and raise awareness for heart health.

Volunteers around the region organized 90 COMMUNITY EVENTS during February is Heart Month 2022.

THANK YOU FOR YOUR AMAZING ENERGY AND ENTHUSIASM!
Trust and Accountability
The Foundation is accountable to donors to ensure every donation is used as directed to meet the funding priorities of the University of Ottawa Heart Institute. Investing in groundbreaking research, the purchase of specialized life-saving equipment, and innovative patient programs are currently the primary focus for allocations. Thank you for your continued trust and support.

FUND BALANCES

<table>
<thead>
<tr>
<th></th>
<th>AS OF MARCH 31, 2022</th>
<th>AS OF MARCH 31, 2021</th>
</tr>
</thead>
<tbody>
<tr>
<td>General</td>
<td>$3,770,000</td>
<td>$2,012,736</td>
</tr>
<tr>
<td>Restricted</td>
<td>$43,662,762**</td>
<td>$39,946,567**</td>
</tr>
<tr>
<td>Endowed</td>
<td>$47,605,579</td>
<td>$44,835,037</td>
</tr>
</tbody>
</table>

* Administration Fees include $178,007 in loan payments for equipment purchases.
** Includes one time transfer of $5,000,000 from Heart Institute for deferred projects.

CONTRIBUTIONS FROM THE COMMUNITY

- Donations: $12,375,678
- Bequests: $1,160,908
- Special Events: $738,677

ALLOCATIONS AND DISTRIBUTION

- Research: $8,790,442
- Equipment & Infrastructure: $1,601,838
- Donor Engagement & Community Events: $1,911,760
- Administration: $959,252
- Patient Programs: $508,877
Each year, patients from across our region and throughout Canada seek cardiac care at the Heart Institute.

Thanks to your donations, the Heart Institute can be with patients no matter where they live!

Between January 1 and December 31, 2021

58% of patients who had major surgeries, including open heart surgery live in rural Ottawa and beyond.

Over 77,000 diagnostic tests were administered, an increase of 39%!

Innovative Telehome Monitoring programs reduced the need for patients to come into the Heart Institute for follow-up visits prescription changes and rehabilitation classes. These initiatives allowed the institute to double the number of cardiac care visits and connect with more patients.

Remote Telehome Monitoring increased exponentially, and patients quickly adapted to these new services.

Delivering complex care after cardiac surgery is critical to avoid infections and hospital readmissions. The Heart Institute initiated Surgical Telehome Monitoring, a pilot program to support patients and their caregivers at home.

Patients were provided with specialized equipment including a tablet with network access, weight scale, and monitors for blood pressure, oxygen saturation, heart rate, and temperature. Each morning, patients were prompted to answer a series of questions and send in photos of their surgical incisions. Responses are monitored remotely by a specialized nurse who can quickly identify any patient who needs to return to hospital. The data is also captured in the patient’s electronic records system.

Patients and their caregivers see the benefits of remote monitoring. It can reduce fear, fatigue and discomfort and promotes improved recovery which results in lower hospital readmissions.

“This was a very reassuring daily check-in knowing that recovery was right on track.”

“This program didn’t leave me on my own dealing with a situation I don’t know much about.”

Donations to the Foundation are used to purchased equipment for new initiatives like this pilot program.

Thank you!

Thank you for making your Heart Institute Canada’s Heart Institute!

Doctors from the Heart Institute often travel to areas in Canada that need their help, and patients who live thousands of kilometers away travel to Ottawa for complex treatment and surgeries including heart transplants.

Now, its official! Earlier this spring Eastern Health (Newfoundland and Labrador) and the Heart Institute entered into a five-year agreement that would see Ottawa surgeons travelling monthly to Newfoundland, to operate and provide professional and academic training.